

Stretch Marks

Marks on your Tummy are a natural part of being a Muma. Applying Apricot Oil during and after baby can help prevent and fade them

Breast Feeding

Apricot Oil can soothe and heal cracked nipples and is safe for baby

Dry Lips

A must for dry cracked lips.

Make sure you have some in your
hospital bag.

Hair Treatment

All the hormonal changes can result in dry and damaged hair. Use before shampooing on the ends of the hair as an oil treatment.

Oil Infusion Facial

Motherhood can be harder than you think. Pamper yourself with my DIY Oil Infusion Facial. Relax and nourish your skin. Follow my step by step Facial.

Feet Treat

Tired cracked heels and feet will love some nourishment. After shower massage into heels and pop on some warm socks.

Nappy Rash

Apricot Oil will soothe nappy rash.
Apply at each nappy change. The
Spray on oil is perfect for this.
Baby will love the cooling effect.

Cradle Cap

Massage into the scalp and leave for 10 to 15 minutes. Gently comb through and remove the dead skin. Wash hair as usual in the bath.

Dry Skin & Red cheeks

Babies can suffer from all sorts of rashes when teething and feeding.

Soothe with Apricot Oil.

Massage

Babies love a massage after thier bath.

Apricot oil is perfect for this. Perfect for Muma & baby bonding and can calm a fussy baby. Even Daddy could give it a try.

Cuts and Scrapes

Perfect to soothe and help heal those little bumps and scrapes once baby is on the move. Vitamin E helps heal and soothe the skin and prevent scarring.

Teething

Teething can cause redness and irritaion on the cheeks, as does all that dribble. Apricot oil will help sooth irritated skin and calm the redness.