

# Skincare Basics

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## Deeply Cleanse

Remove impurities & makeup. Massage damp skin with cleanser, rinse off and repeat. Pat dry

4

## Eye Serum

tighten and firm skin around eye area. Apply with ring finger using gently massage in

7

## Hand treatment

Use a hand scrub to remove dry skin. Then apply hand creme and massage in

2

## Balance - Toner

Toner purifies skin and balance PH level, prepare for next step. Soak cotton pad or spray mist over face

5

## Eye Creme

Nourish eye area. Pat gently along the bone area under the eye with ring finger

weekly

## Exfoliate

It is important to remove dead skin cells at least once a week with chosen facial scrub. Apply to damp skin and massage gently then rinse.

3

## Serum

will deliver powerful ingredients to targeted areas. Choose serum for your skincare. Apply over face massage in. Allow to absorb

6

## Moisturise

to protect the skin day and night. Apply your chosen creme to the face & neck massage in an upward motion Use day creme with SPF

weekly

## Masque

Choose a Clay masque to deep cleanse or hydrating masque to nourish dry skin your skin