

# DIY Facial How To

- 1** **Cleanse** to remove impurities. Using a small amount apply to damp face massage over face and neck. Rinse and repeat.
- 2** **Exfoliate** Apply small amount to damp face and gently massage over the skin in circular motions. Rinse well **OR** **Masque** Apply a thin layer over the face. Allow to dry about 10 min. Rinse well **Extra Pamper** do Both.
- 3** **Toner** Restores Ph balance of the skin. Apply a small amount over the face using a cotton pad.
- 4** **Serum** Concentrated formula with active ingredients. Apply small amount over face + neck. Allow to absorb
- 5** **Eye Creme** Apply a small amount to ring finger about the size of a grain of rice. Pat ring fingers together and pat gently under eye along top of cheek bone.
- 6** **Moisturise** Apply a pea sized amount to the face and neck. Massage in gently till absorbed.

## *Extra pamper*

- 7** **Hand Scrub** Remove dry skin from hands. Use a small amount of hand scrub on damp hands. Rinse well and pat dry.
- 8** **Hand Creme** Apply hand creme to backs of hand first then massage all over.

## **Enjoy your facial**

Step 2 Exfoliate 2 x a week Masque once a week.  
Your daily facial includes all the other steps morning and evening